

ROBINESSES REVIEW

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OFFICIAL MATCHDAY
PROGRAMME - ISSUE 7

FA WOMEN'S NATIONAL LEAGUE
LEAGUE CUP ROUND ONE
CHELTENHAM TOWN WOMEN V SOUTHAMPTON PGA
19/10/25 - 2.00PM KICK-OFF



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Proud Partners of
Gloucestershire's Largest Women's Football Club



**CHEL TENHAM TOWN
WOMEN FC**

ANDY LIDDLE

- Cheltenham Town Women FC's Chairman shares his thoughts on today's fixture



A warm welcome back to you all as you join us at Kayte Lane for our first taste of knock-out cup football this season – the FA Women's National League Cup First Round.

I'd like to start by extending a very warm welcome to all of those connected with Southampton FC who have made the trip this afternoon.

We hope you have a thoroughly enjoyable time with us and the safest of journeys home again afterwards, too.

If you think back to January, some of you may remember we faced Southampton's Academy last season in the Semi-Final of the FA WNL Plate.

It was a fantastic advert for women's football with plenty of drama, including the last-minute save of a Southampton penalty.

Hopefully, we won't see anything quite so heart-in-mouth this time around!

On the topic of cup football drama, we'll be back to do it all again next weekend too, as we travel to Millwall Lionesses in the First Round Proper of the Adobe Women's FA Cup.

Keep an eye out on The Club's social media and website for any ticket details. It would be fantastic to see you all in Rotherhithe!

If you've been enjoying your time with us at Kayte Lane this season and would like to go an extra mile to do your bit for the club, we are always on the lookout for new volunteers.

We have a range of opportunities, either on the ground on a match day, or at a boardroom level.

So, if you feel you have something to offer, we want to hear from you!

Get in touch at chairman@ctwomenfc.com, and you could help the club continue to grow from strength to strength.

Thank you all once again for your attendance.

I know it can be challenging when the temperatures start dropping, but your support is massively appreciated by everyone at The Club.

Andy Liddle,
Chairman



TOM DAVIES

MANAGER'S NOTES...

Good afternoon, and welcome to Kayte Lane for today's FA Women's National League Cup First Round tie against Southampton FC (PGA Under 21s).

Firstly, I'd like to extend a warm welcome to Southampton's players, staff, and supporters.

Games like this are always exciting, as they give us the chance to test ourselves against a side filled with young, talented players from a strong development system.

Since my last notes, we've seen a real mix of performances and results.

Against Plymouth, we looked a much better side than our recent encounter against Bournemouth but failed to create and take any chances which saw us come away disappointed with the result.

It was another reminder of how fine the margins can be in this league.

However, the response from the group was exactly what we wanted to see.

Our performance against AFC Wimbledon showed real bravery, composure,

and quality, and to come away with a hard-fought win and a huge three points in the league was a brilliant reflection of the team's character.

That result has given us real confidence going into the final part of the calendar year, and today provides another opportunity to build on that momentum.

We know the quality Southampton will bring, but we also know the work we've been putting in on the training ground.

The areas we've focused on, both in and out of possession, continue to show through in our performances, and if we play to our standards, we're confident of performing well and earning progression into the Second Round, which would equal this club's best-ever run in the competition.

Enjoy the game,

Tom



CHELTENHAM TOWN WOMEN FC **VOLUNTEERS NEEDED!**



Interested?

Contact us at
info@ctwomenfc.com
or via The Club website:

WWW.CTWOMENFC.COM

WE NEED HELP WITH:

- Fundraising
- Club Event Organisation
- Home Attendance Development
- Match Day Mascot Liason
- Club Shop Assistance
- Turnstile Operation/Assistance
- Raffle Ticket Sales/Assistance

Today's Opposition: Southampton PGA

PREVIOUS OUTINGS:

SouthamptonFC PGA are one of only two PGA teams left in this season's FA Women's National League Cup.

They finished second in Group B, beaten to top spot by Exeter.

The Grecians were their only defeat in the group, losing 5-2 to Abbie Briton's side.

Wins against Abridge United and Portishead Town came either side of the defeat to secure second and a place in the cup for this season.

Sofia Dix Trujillo and Natalie Matthews have both scored two goals across the two games, and lead the way as their top goalscorer in the League Cup.



Last Season vs Cheltenham:

Match Report

Cheltenham Town Women progressed to the final of the FA Women's National League Plate after beating Southampton Academy 1-0 on Sunday in difficult conditions on Sunday.

Una Lue flicked home her 12th goal of the season in the 63rd minute before 17-year-old Carys Pugh-Jones saved a stoppage-time penalty to send Tom Davies' side through.



The first chance of the game fell to Libby Bell just four minutes in after Henna Butcher found the wing-back in space on the right side, but Bell's effort went just over the bar.

The visitors also threatened early on in the game, but both efforts were held comfortably by young shot-stopper Pugh-Jones, who had started all of the Plate games for Cheltenham.

As the rain continued to lash down at Kayte Lane, Butcher linked up with fellow striker Una Lue in the 38th minute, but her powerful effort crashed against the crossbar and the rebound was cleared away by Southampton.

Just before the half-time break, some fantastic defending by Holy Finch broke down a promising Saints attack, meaning the game was goalless at half-time.

The deadlock was finally broken in the 63rd minute by Lue. Substitute Doris Greenwood picked the ball up on the left-hand side and crossed in with her weaker left foot and Lue reacted quickest to flick the ball past Ella Pettit.

Just minutes later, fantastic defending from captain Emily Owen and Greenwood kept out Southampton.

Owen threw her body on the line to block a dangerous chance from Natasha Ndebhulu, with Greenwood then doing the same to deny a cross seconds later.

Carnage ensued in stoppage time, with Southampton awarded a penalty.

Lucy Blumire stepped up, but Pugh-Jones produced a great save to deny the initial effort and managed to get over the ball before Blumire could react.

However, Blumire caught Pugh-Jones in the face with a late attempt for the ball and was shown a red card. Cheltenham saw out the final minutes and secured another historic win to book their place in the final for the first time.

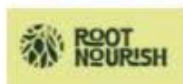


CHELTENHAM TOWN WOMEN FC 2025/26 SQUAD



1. CHARLOTTE HAYNES

Sponsored by:



2. ANAIS TRINCI



3. CHARLOTTE
SALISBURY-WILLIAMS



4. HOLLY FINCH

Sponsored by:



5. COURTNEY JONES

Sponsored by:



6. CASI EVANS



7. AMELIE CURTIS



8. MEG ARNOTT



9. CLARABELLA HALL

Sponsored by:



10. LIBBY BELL

Sponsored by:





13. FFION LLEWELLYN

Sponsored by:



15. EMILY OWEN



16. LOUISE GUYMIRA



17. KARLY NORMAN



18. BROOKE ELLIS

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19. EMMA CONGRAVE



20. ISSY NEWS



21. UNA LUE



22. MARY BRITTAİN



23. FREYA BOUCHER

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ANAIYA BRADY



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**Alzheimer's
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Together we are help & hope
for everyone living with dementia

MATCH ACTION

Sunday, October 12 2025 | 14:00 | FA WNL Southern Premier Division



AFC WIMBLEDON WFC

1-2

CHELTEMHAM TOWN WFC



Cheltenham Town Women picked up a crucial three points on the road in a 2-1 win over AFC Wimbledon at Tooting and Mitcham United.

Goals from Meg Arnott and Bella Hall were enough to rule out Daisy McLachlan's then-equaliser.

The opening 10 minutes were very open, Hall and Louise Guymira enjoying freedom in the attacking third.

Minutes later, Hall's volleyed effort deflected off the bar, as the Robinesses pilled on the pressure early on.

The visitors were unlucky to get the opener on the 17th-minute mark, Charlotte Salisbury-Williams, Hall and Guymira all having efforts either saved or blocked off the line.

Guymira had a good chance 10 minutes later, winning the ball back before running in on goal, however, her effort whistled wide.

Hall's saved shot rolled agonisingly wide of the post after hitting it, but the Robinesses took the lead from the following corner.

Salisbury-Williams' cross at the second time of asking tested Kite, and Arnott was on hand to tap home into an empty net. Charlotte Haynes was called into action for the first time before the break, saving Alisha Buckingham's shot from long range on the right-hand side.

The Robinesses were 1-0 up at the break.

Second Half:

Cheltenham started the second half how they did the first, Arnott having a long-range effort, which just zipped wide of the target.

Guymira called Kite into action after winning the ball back in the final third, and moments later, Hall had the ball in the back of the net, however, the lineswoman on the far side deemed Hall offside.

Daisy McLachlan levelled for the hosts on the hour mark, curling a beautiful in from long-range.

However, just two minutes later, the Robinesses edged ahead again through Hall.

Libby Bell's cross met skipper Emily Owen, who's header across goal was turned in by none other than Hall.

Despite an onslaught of late pressure from the Wombles, Cheltenham held their own and picked up a crucial three points on the road.



GETTING TO KNOW...

LIBBY BELL

10 QUICK QUESTIONS TO GET TO KNOW OUR NUMBER 10!

What's your favourite food?

That's a good question, probably pick & mix as I have a sweet tooth!

Who was your football idol growing up?

I liked Wayne Rooney, especially when he played for England.

Who do you support?

I don't really support a team I'm not going to lie, my family support Man United, so I'd have to go with my dad and say Man United!

If you could have a superpower, what superpower would it be?

Probably time travel so when you go on holiday you don't have to sit on the plane for however long!

What are your favourite pre-match song/songs?

It changes every year, something upbeat, I like R&B, so whatever's trending for that genre!

If you were stuck on a desert island with a teammate, which teammate would you pick?

Una [Lue]! She'd just be crazy and make it light-hearted instead of being worried and how we're going to get home. We'd just have a party on the island instead.



Pineapple on pizza, yes or no?

Yes!

If you had to play a sport other than football, what would that sport be?

I've really got into running recently, and I've got into HYROX so I'd say either one of those too

If you could time-travel, would you go to the past or future?

Future just to see what the world looks like!

If you could only eat one thing for the rest of your life, what would it be?

Probably pasta, because it's quite versatile

UPCOMING FIXTURES

A



Adobe
WFA CUP

A



TheFA Women's
National League

H



TheFA Women's
National League

Lily Gurney Photography



@PHOTOGRAPHY_LILY.G

For any enquires, please contact
lily.gurney@gmail.com

FIXTURES AND RESULTS

2025/26 COMPETITIVE FIXTURES



The FA Women's
National League

DATE		OPPOSITION	COMP.		ATT	POM
AUG						
Sun 17	H	Exeter City Women	FAWNL SP	0-2	178	Evans
Thur 21	H	Worcester City Women	FAWNL LC	2-0	102	Owen
Sun 24	A	Real Bedford Women	FAWNL SP	1-4		Salisbury-Williams
Sun 31	H	Oxford United Women	FAWNL SP	1-0	143	Haynes
SEP						
Sun 7	H	Birmingham City Academy	FAWNL LC	4-0	110	Curtis
Sun 14	H	Watford FC Women	FAWNL SP	3-4	160	Hall
Sun 21	A	AFC Bournemouth Women	FAWNL SP	2-0	256	Guymira
Sun 28	A	Kidderminster Harriers Women	FAWNL LC	1-5		Bell
OCT						
Sun 5	H	Plymouth Argyle Women	FAWNL SP	0-2	142	Curtis
Sun 12	A	AFC Wimbledon Women	FAWNL SP	1-2	205	Haynes
Sun 19	H	Southampton PGA	FAWNL LC R1	14:00		
Sun 26	A	Millwall Lionesses	FA Cup R1	TBC		
Thur 30	A	Gwalia United Women	FAWNL SP	19:45		
NOV						
Sun 2	H	Lewes FC Women	FAWNL SP	14:00		
Sun 16	A	Hashtag United Women	FAWNL SP	14:00		
Sun 30	H	Billericay Town Women	FAWNL SP	14:00		
DEC						
Sun 7	A	Exeter City Women	FAWNL SP	14:00		
JAN						
Sun 4	H	Real Bedford Women	FAWNL SP	14:00		
Sun 25	A	Oxford United Women	FAWNL SP	14:00		
FEB						
Sun 8	A	Lewes FC Women	FAWNL SP	14:00		
Thur 19	H	Gwalia United Women	FAWNL SP	19:45		
Sun 22	A	Watford FC Women	FAWNL SP	14:00		
MAR						
Sun 8	H	AFC Bournemouth Women	FAWNL SP	14:00		
Sun 22	H	AFC Wimbledon Women	FAWNL SP	14:00		
Sun 29	A	Plymouth Argyle Women	FAWNL SP	14:00		
APR						
Sun 12	H	Hashtag United Women	FAWNL SP	14:00		
Sun 26	A	Billericay Town Women	FAWNL SP	14:00		

Fixture details subject to change

FAWNL SP: FA Women's National League Southern Premier

FAWNL LC: FA Women's National League League Cup

POM: Player of the Match (as chosen by poll, match sponsor, or opposition where applicable)



TODAY'S TEAMS

CHELTENHAM TOWN WOMEN

- 01 Charlotte Haynes
- 02 Anais Trinci
- 03 Charlotte Salisbury-Williams
- 04 Holly Finch
- 05 Courtney Jones
- 06 Casi Evans
- 07 Amelie Curtis
- 08 Megan Arnott
- 09 Clarabella Hall
- 10 Libby Bell
- 13 Ffion Llewellyn
- 15 Emily Owen (c)
- 16 Louise Guymira
- 17 Karly Norman
- 18 Brooke Ellis
- 19 Emma Congrave
- 20 Issy Newns
- 21 Una Lue
- 22 Mary Brittain
- 23 Anaiya Brady
- Freya Boucher

Manager: Tom Davies

SOUTHAMPTON PGA

- 30 Ella Pettit
- 31 Kayleigh Prout
- 32 Olivia Protopsaltis-Evans
- 33 Anya Lucas (c)
- 34 Safia Bolton
- 35 Esta Roberts
- 36 Lucy Blumire
- 37 Jasmine Lampard
- 38 Lucy Chads
- 39 Lorien Howard-McDonald
- 40 Summer Robbins
- 41 Emily Wilson
- 42 Sherise Henry
- 43 Jess Rawlings
- 44 Ruby Stillwill
- 45 Safia Rae
- 46 Sofia Dix Trujillo
- 47 Isla Clare
- 49 Natasha Udebhulu
- 55 Natalie Matthews
- 59 Poppy Walton

Head Coach: Ben Cole



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TODAY'S MATCH OFFICIALS

Referee:

Teigan Clamp

Assistant Referees:

Molly Kavanagh &
Keith Simpson