



FA WOMEN'S NATIONAL LEAGUE CUP GROUP F
CHELTENHAM TOWN WOMEN VS WORCESTER CITY WOMEN
21/08/25













Proud Partners of

Gloucestershire's Largest Women's Football Club



ANDY LIDDLE



· Cheltenham Town Women FC's Chairman shares his thoughts on today's fixture

Good Evening, and welcome back to Kayte Lane for what will hopefully be a cooler experience than Sunday afternoon!

I love these Cup Tie occasions under the lights, without ever really getting to the bottom of the reason why.

There is simply something special about playing the beautiful game in the evening, and looking forward to the match whilst at work all day, and I am sure this evening will be no exception.

We welcome Worcester City this evening for this FA Women's National League Cup match after the short journey South on the M5 for what is effectively a local derby, and a team that has historically included a high number of former players.

I thought we played some good football on Sunday after a cracking pre-season, but we played a team that was also unbeaten during pre-season and in a game of tight margins, the result came down to two moments that went their way, and they carried the three points off to the South Coast.

Had our early effort gone in rather than striking the post, then things could have been very different. That's football, as they say, that's why we love it.... and keep coming back for more.

We're hoping to be close to 200 spectators again this evening. Growing the fanbase is important to us, so please help spread the word.

It goes without saying that the players hugely enjoy your backing; it really makes a difference in the difficult moments, and of course, we all enjoy the highs when they come too.

If you're looking to become more closely involved with the Club, then we are looking for support building the fanbase, with the club shop and with raffle ticket / 50:50 sales. Get in touch via the website www.ctwomenfc.com

Thanks for your support, enjoy the game

Andy Liddle Chairman



TOM DAVIES

MANAGER'S NOTES...

Good evening, and welcome to Kayte Lane for tonight's Cup Group Stage fixture against Worcester City.

I'd like to extend a warm welcome to Matt Jones, his staff, players, and supporters making the short trip.

Our opening league game against Exeter City ended in defeat, and it was a frustrating result for us.

I felt our performance, particularly in the first half, was very strong, we created chances at a similar level to Exeter but didn't execute in the key moments.

At this level, that makes the difference, and it's something we know we must improve on quickly.

It's also important to remember this is a new side.

With several additions over the summer, it will take time for the group to fully connect and build the understanding required to consistently turn good performances into results. What we've already seen, though, are signs of real quality and potential, and that excites me.

Tonight's game against Worcester, followed by Sunday's fixture away at Real Bedford, gives us valuable opportunities to keep developing.

Every game right now is about learning, improving, and building the sharpness and cohesion that will carry us through the season.

The players have shown fantastic commitment and attitude, and I'm confident that, step by step, the results will follow.

Enjoy the game,

Tom





Interested?

Contact us at info@ctwomenfc.com or via The Club website:

WWW.CTWOMENFC.COM

WE NEED HELP WITH:

- Club Event Organisation
- Home Attendance Development
- Match Day Mascot Liason
- Club Shop Assistance
- Turnstile Operation/Assistance
- Raffle Ticket Sales/Assistance

Today's Opposition: Worcester City

PREVIOUS OUTING:

Worcester City come into today's cup clash on the back of a 3-1 away loss to Barnsley at Olympic Legacy Park. Jess Bate scored a late goal to half to deficit, however, Barnsley added a third in extra time to put the game to bed.

The hosts found themselves 2-0 up in the first half an hour of the game thanks to goals from Tanya Fozzard and Amber Sewell.

Worcester defender Bate was able to grab a goal back with 10 minutes left to play to give her side a chance to grab a point.

But Worcester's hopes were crushed when a defensive mix-up meant that Helen Lynskey was able to add the hosts' third of the afternoon

Worcester City Women Line-Up v Barnsley: Whiteman (GK), Dolloway, Lowley, Marriott, Haggett, Sime, Edwards, Poole, Highway, Billingsley, Fassnidge

Subs used: Baldwin, Zaffignani, Bate, Griffiths



ONE TO WATCH:



Jess Fassnidge

Forward Jess Fassnidge will be one to watch this afternoon for the visitors, after scoring nine goals in 22 appeaeances last season.

She joined City in 2021 and has since experienced four successful seasons at the club. She achieved, and captained, her side promotion to the WNL in the 2023/24 season, and helped stear them away from the relegation zone with her nine goals last season

IN THE DUGOUT: MATT JONES

Opposition manager Matt Jones has been with Worcester City since the start of last season and has become a big part of women's football at the club.

Jones is no stranger to the women's game, bringing over 20 years of experience in football development, coaching, and coach education, including several years dedicated to advancing women's football.

He steered City away from danger in last season's campaign, with a 10th-placed finish, seven points away from the eventual drop zone.

Jones holds a UEFA A License and has had previous experience as the head coach of the UoW Women's First Team. On top of this, he is a coach developer at England Football Learning.



Last Season vs Cheltenham:

Cheltenham faced
Worcester in last season's
FAWNL League Cup, in the
determining round in the old
format.

The third competitive game of last season took Tom Davies' side to the Sixways.

A rotated team, which saw full debuts for multiple players, faced the Tier Four side in what turned out to be a close affair.

Chances fell to Cheltenham early doors, but efforts were wide or saved well by Worcester's keeper on the day. Olivia Mitcham scored for the home side, looping the ball over Carys Pugh-Jones, with the final score 1-0 to the home side.

This dropped Cheltenham into the FAWNL Plate, which led all the way to the final against AFC Bournemouth.



CHELTENHAM TOWN WOMEN FC 2025/26 SQUAD

Want to sponsor your favourite player?
Contact commerical@ctwomenfc.com now!



1. CHARLOTTE HAYNES



2. ANAIS TRINCI



3. CHARLOTTE SALISBURY-WILLIAMS



4. HOLLY FINCH



5. COURTNEY JONES



6. CASI EVANS



7. AMELIE CURTIS



8. MEG ARNOTT



9. CLARABELLA HALL



10. LIBBY BELL



13. FFION LLEWELLYN



15. EMILY OWEN



16. LOUSIE APUUSI



17. KARLY NORMAN



18. BROOKE ELLIS



19. EMMA CONGRAVE



20. ISSY NEWNS



21. UNA LUE



27. ELLA STOWELL



Football should be unforgettable.

Every three minutes someone in the UK develops dementia.

Scan the QR code or visit **alzheimers.org.uk/sports** to understand the symptoms of dementia and get the support you need.





Together we are help & hope for everyone living with dementia

MATCH ACTION

Sunday, August 10 2025 | 14:00 | Pre-Season Friendly



9 - 2

EXETER CITY WFC



Cheltenham Town Women suffered defeat against a strong Exeter City side 2-0 on the opening day of the season at Kayte Lane.

Goals from Bow Jackson and Sophie Gillies gave the visitors all three points.

Cheltenham Town started the game well, striker Una Lue hitting the crossbar from close range after a clever freekick landed at her feet on the half-volley.

Exeter's Sarah Stacey was the next to try her luck but was denied by the fingertips of Ella Stowell in net.

Libby Bell did well to get on the end of Em Owen's cross, but her header was straight at Grecians keeper Abbi Bond.



Goalkeeper Stowell was called into action again at the half an hour mark, claiming Jess Sandland's dangerous ball.

Louise Guymira had two good chances for the hosts, beating two players before unleashing a powerful effort that just flew wide of Bond's far post.

Less than a minute later, Lue found Guymira in the area, but her effort on goal was saved by Bond. Moments before half-time, Lue almost grabbed a late opener, her effort bobbling just wide of the new post.

It ended goalless and level at half time.

The away side broke the deadlock early in the second half, Jackson's header looping over Stowell. The Grecians had chances to get their second, but good chances went amiss.

Substitute Bella Hall almost made them pay, coming close to an equaliser, her effort saved by the feet of Bond.

Exeter doubled their lead on the 66th-minute mark, Gillies running in behind before slotting home.

The game fizzled out from there on, but Hall saw another two chances fall wide, her half-volley flew over the crossbar before her header dropped wide of the near post.

GET TO KNOW ISSY NEWNS

10 QUICK QUESTIONS TO GET TO KNOW THE VERSATILE FORWARD

What's your favourite food?

Steak, you just can't beat it!

Who are your favourite football team? (other than Cheltenham, obviously)

Spurs always

If you could have a superpower, what superpower would it be?

I'd be lightning fast because that's something I'm not but something I want to be!

If you had to play a sport other than football, what would that sport be?

Hockey, I always grew up playing it in my family, I just chose football over it

Who was your football idol growing up?

This is a bit far off but Dele Alli just because he's a similar position

If you were stuck on a desert island with a teammate, which teammate would you pick?

Em Owen. Always a laugh and always a joke, it would never be boring

If you could only eat one thing for the rest of your life, what would it be?

Steak again, you just can't go wrong with it!



Pineapple on pizza, yes or no?

No, no chance!

What are your favourite pre-match song/songs?

I don't know I've got a couple. It depends, I've got hype up songs, a bit of Eminem, you can't go wrong, or whip a bit of Drake on and I'll be alright!

If you could time-travel, would you go to the past or future?

I'd go to the future, the past is in the past. I can't change anything, don't want to change anything. Definitely the future

NEXT HOME GAME

FA WOMEN'S NATIONAL LEAGUE SOUTHERN PREMIER DIVISION



V OXFORD UNITED
SUNDAY 31ST AUGUST
2PM KICK OFF
TICKETS AVAILABLE ON
CTWOMENFC.COM

Lily Gurney Photography





For any enquires, please contact lily.gurney@gmail.com

FIXTURES AND RESULTS

2025/26 COMPETITIVE FIXTURES



DATE		OPPOSITION	COMP.		ATT	POM
AUG						
Sun 17	Н	Exeter City Women	FAWNL SP	0-2	178	Evans
Thur 21	Н	Worcester City Women	FAWNL LC	19:45		
Sun 24	Α	Real Bedford Women	FAWNL SP	14:00		
Sun 31	Н	Oxford United Women	FAWNL SP	14:00		
SEP						
Sun 7	H	Birmingham City Academy	FAWNL LC	14:00		
Sun 14	Н	Watford FC Women	FAWNL SP	14:00		
Sun 21	Α	AFC Bournemouth Women	FAWNL SP	14:00		
Sun 28	Α	Kidderminster Harriers Women	FAWNL LC	14:00		
OCT						
Sun 5	Н	Plymouth Argyle Women	FAWNL SP	14:00		
Sun 12	A	AFC Wimbledon Women	FAWNL SP	14:00		
Thur 30	Α	Gwalia United Women	FAWNL SP	19:45		
NOV						
Sun 2	Н	Lewes FC Women	FAWNL SP	14:00		
Sun 16	Α	Hashtag United Women	FAWNL SP	14:00		
Sun 30	Н	Billericay Town Women	FAWNL SP	14:00		
DEC						
Sun 7	Α	Exeter City Women	FAWNL SP	14:00		
JAN						
Sun 4	Н	Real Bedford Women	FAWNL SP	14:00		
Sun 25	Α	Oxford United Women	FAWNL SP	14:00		
FEB						
Sun 8	Α	Lewes FC Women	FAWNL SP	14:00		
Thur 19	н	Gwalia United Women	FAWNL SP	19:45		
Sun 22	Α	Watford FC Women	FAWNL SP	14:00		
MAR						
Sun 8	н	AFC Bournemouth Women	FAWNL SP	14:00		
Sun 22	н	AFC Wimbledon Women	FAWNL SP	14:00		
Sun 29	Α	Plymouth Argyle Women	FAWNL SP	14:00		
APR						
Sun 12	н	Hashtag United Women	FAWNL SP	14:00		
Sun 26	Α	Billericay Town Women	FAWNL SP	14:00		

Fixture details subject to change

FAWNL SP: FA Women's National League Southern Premier

FAWNL LC: FA Women's National League League Cup Group F

POM: Player of the Match (as chosen by poll, match sponsor, or opposition where applicable



TODAY'S TEAMS

CHELTENHAM TOWN WFC

WORCESTER CITY WFC



TODAY'S MATCH OFFICIALS

Referee:
John Painter
Assistant Referees:
John Hookway &
Julian Martin

OI Charlotte Haynes

02 Anais Trinci

03 Charlotte Salisbury-Williams

04 Holly Finch

05 Courtney Jones

06 Casi Evans

07 Amelie Curtis

08 Megan Arnott

09 Clarabella Hall

10 Libby Bell

13 Ffion Llewellyn

15 Emily Owen (c)

16 Louise Guymira

17 Karly Norman

18 Brooke Ellis

19 Emma Congrave

20 Issy Newns

21 Una Lue

27 Ella Stowell

Shona Baldwin
Jessica Bate
Evie Billingsley
Kirsty Bridgwater
Keeley-May Crew
Laura Davies
Cerys Dolloway
Nyah Edwards
Jessica Fassnidge

Sophie Griffiths Kaye Haggett Jennifer Higgs

Annie Highway

Alisha Hine

Carys Lowley

Bethan Marriott

Nerea Othick

Charlotte Poole

Laila Rich

Leah Ritson

Annabel Sime

Jasmin Springer

Jodie Louise Whiteman

Clara Zaffignani

Manager: Tom Davies Head Coach: Matt Jones







